



Fall Ball Girl's Lacrosse League at Harpeth Hall

Back for the 12th year in a row TNLAX will host the most popular fall lacrosse league is being held at Harpeth Hall. Most girls are playing fall sports and not thinking about lacrosse until the spring. The fall is a great time to work on developing the fundamental skills of lacrosse including; stick work, offensive and defensive concepts and competitive strategies. We have some of the top coaches in the area working with the players! For those lacrosse players, grades 1st- 12th, who want to take their game to the next level, we will be offering the following;

- At Harpeth Hall School, a 5 week program on Sunday afternoons; Sept. 25 Oct. 3, 9, 16, 30th (No league on 23rd) **9th will be held at JP2
- Sessions will run from 3:30-5:30pm with the first hour focusing on stick work and drills and the next hour consisting of games.

The cost for the 5 weeks:

High school (7th-12th grade) \$135/player

The application, waiver and fee due by September 25th

****All players must have protective eyewear and mouth guard in order to participate**** Beginners are encouraged to sign up - the fall is a great time to learn the game in order to play on a team in the spring (contact Megan to borrow a stick)

Harpeth Hall is located at 3801 Hobbs Road Nashville

Fall Ball Application & Waiver

Name _____
Address _____
Home phone _____
Cell phone _____
Emergency contact name and # _____
Age _____
E-mail _____
US Lacrosse # (if you have one) _____
Years Played _____ Grade _____ School _____

Release of Liability Waiver

As the parent or guardian of _____ I hereby grant permission for her to attend the girl's Fall Ball 2016 Lacrosse League held by TNLAX. I fully understand by signing this document that the player listed above, if enrolled in the league, will be engaged in physical activity during the league that contains the inherent risk of physical injury. Knowing this fact, I further release and agree to hold harmless TNLAX, Harpeth Hall and all TNLAX Lacrosse coaches, support staff and organizers from any liability for personal injury or property damage while the player is enrolled in the Fall Ball Lacrosse League.

Parent or Guardian (please print)

Date

Parent or Guardian Signature

Please send this form along with the waiver in the mail by 9/25 with check payable to: **TNLAX 6214 Lickton Pike Goodlettsville TN 37072**

Questions contact - Megan Clark - tnlax@comcast.net or call 974-1977

www.tnlax.org